PASTOR'S BLOG APRIL 30 2020 GOD HELP ME !

A Series on the Psalms of Deliverance

Psalms 9,30,34,40

These Psalms describe times of great personal distress, where the writer has been hemmed in by adverse circumstance and God has delivered or rescued him a circumstance that had threatened to overwhelm him and lead to his eminent destruction. In response to God's might acts the Psalmist looks up to God and offers his thanksgiving and praise to his redeemer.

I Will Recount Your Wonderful Deeds

A Psalm of Praise and Lament

Psalm 9

The psalmist's intent is to give thanks to God for all of His wonderful deeds. Not because the Psalmist life is wonderful but because the God he trusts is wonderful. When we praise God we are not praising Him for our adverse circumstances but for His ability to bring good out of the worst of circumstances.

1 I will give thanks to the LORD with my whole heart; I will recount all of your wonderful deeds. 2 I will be glad and exult in you; I will sing praise to your name, O Most High.

God is not weakened by our inabilities, our lack of wisdom, our fear. He is able to defeat our foes and to protect us from pestilence, disease, and plague. There is also a sense of God's ability to deliver justice for all. The powerful will not get away with their oppression forever they will be called to a day of reckoning. God will defend our integrity against those who slander us, dismiss us or speak falsely against us.

3 When my enemies turn back, they stumble and perish before your presence. 4 For you have maintained my just cause; you have sat on the throne, giving righteous judgment.

Our confidence in God does not just mean we can trust Him for today but He will be there no matter what the future holds.

5 You have rebuked the nations; you have made the wicked perish; you have blotted out their name forever and ever. 6 The enemy came to an end in everlasting ruins; their cities you rooted out; the very memory of them has perished.

The psalmist returns to the theme of God as the just and righteous judge who rules over all the earth.

7 But the LORD sits enthroned forever; he has established his throne for justice, 8 and he judges the world with righteousness; he judges the peoples with uprightness.

When we are confronted with a crisis part of us would like to runaway and hide until the crisis is over. God gives us a place to stand in the storm and a stronghold from which to fight whatever battle we are thrown into.

9 The LORD is a stronghold for the oppressed, a stronghold in times of trouble. 10 And those who know your name put their trust in you, for you, O LORD, have not forsaken those who seek you.

The LORD is both his redeemer and avenger the One who both saves us and takes up our cause to fights on our behalf.

¹¹ Sing praises to the LORD, who sits enthroned in Zion! Tell among the peoples his deeds! ¹² For he who avenges blood is mindful of them; he does not forget the cry of the afflicted.

The Psalm concludes with a prayer and a plea. Come and save me, see my suffering and rescue me.

13 Be gracious to me, O LORD! See my affliction from those who hate me, O you who lift me up from the gates of death, 14 that I may recount all your praises, that in the gates of the daughter of Zion I may rejoice in your salvation.

Jesus,

Give me the strength for each day and the grace to trust you with all that I struggle with and all that I fear. Give me the courage to face each day with joy and hope in You and you strength. Amen.